



Article

Homepage

Find an event or a challenge and take part in fundraising for JIA-at-NRAS.

[Print](#)

Upcoming Events

Event category

☐ NRAS Live

Nothing Found



Looking for. Perhaps searching can help.

Run

Brighton Marathon This is one of the flatter UK marathons, with the route taking you around the sights of the city, before you race down the home straight towards the pier
Marathon starts with a loop of picturesque Preston Park centre, [...]



Cycle

Ride London 100 This is an event made famous by some fantastic world cyclists at the 2012 Olympic Games! It starts in the Olympic Park, then follows a 100-mile route on closed roads through the capital and into Surrey's stunning countryside and finishing down The Mall. It is a route made legendary by the world's best cyclists, [...]

Walk and trek



There are various walks and treks you can take part in to raise funds for us.
For example:

Kilimanjaro Summit Climb

Great Wall of China Trek

The Dali Lama Trek

Highlights of the Tour Mont Blanc

Sahara Desert Trek

Iceland Trek

Husky Trek

Or if you are looking for more of a community project with a trek:

Southern India Trek & Hospice Care Project

Vietnam Hill Tribe & Community Project

[Find out more](#)

Adrenaline



Are you an adrenaline junkie...if so take a look at some of these exciting events:

Zip lining

Velocity is the fastest zipline in the world and the longest in Europe and is the nearest thing to flying you will ever experience!

[Find out more](#)

Wing Walk

Normally you fly inside a plane rather than on it, when you wing walk you will be on the plane, completely open to the elements!

[Find out more](#)

Bungee Jumping

Not for the faint-hearted! If you would like to take on something a little unusual to raise money for NRAS, a bungee jump is the thing for you!

[Find out more](#)

Tandem Skydive

Are you brave enough to leap from a plane at 13,000 feet? If you are, a Tandem Skydive is for you!

[Find out more](#)

Abseil

For those who like heights (and those who don't) this is a unique experience not to be missed!

[Find out more](#)

Other Challenges

Tough Mudder

Tough Mudder is the latest craze for those who want to take on the ultimate challenge, they are great fun and very muddy! You will come across many gruelling obstacles over a variety of terrain and conditions. You will find water-filled pits, muddy banks, monkey bars and so much more and of course, you will get very wet!

This challenge can be done as an individual or as part of a team, whatever takes your

fancy. Bring the family and friends long to support you. You never know, they might just like to take part themselves!

[Find out more](#)

Spartan

Spartan comes in all shapes and sizes from The Spartan Beast, to an event for children under the age of 12, whatever you are looking for on an obstacle race Spartan will have it! If you are part of an organisation or run your own company why not sign up as a team, this event is a great one for team building!

[Find out more](#)