

Resource

Your Healthcare Team

When a child or young person is diagnosed with JIA a number of health professionals, known as a 'multidisciplinary team' (MDT) will be involved in their care. Some of the key roles involved in caring for a child or young person with JIA are included in this section.

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[The General Paediatrician](#)

[Children with either suspected or confirmed JIA may be looked after by a general paediatrician rather than a paediatric rheumatologist in areas around the country where there is no locally-based paediatric rheumatologist.](#)



[Article](#)

[The Clinical Nurse Specialist](#)

[A Clinical Nurse Specialist in JIA is a trained children's nurse who has specialist experience and has undertaken further training to be able to look after your child's physical, emotional and social needs.](#)



[Article](#)

Occupational Therapist

A child may see an occupational therapist (OT) if they are having difficulty doing their normal tasks independently and need support in finding easier ways to do these activities.



[Article](#)

Physiotherapist

A physiotherapist is there to help your child live a normal life by preventing and managing potential problems caused by JIA.



[Article](#)

Podiatrist

A podiatrist is the person who will assess, diagnose and treat problems that may affect your child's feet and ankle(s). Your child may see a podiatrist if they are suffering from any pain or discomfort when walking or running, for example.



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Pharmacist

Pharmacists can be found working across many different sectors from the high street to the hospital, teaching at university, researching new medicines and making sure new medicines coming onto the market are safe before they can be manufactured and sold to the public. In all, pharmacists play a vital role in our health.