

The Purple Gunge Challenge

on 23rd May for children with Arthritis

Who would YOU Choose to GUNGE?

Your favourite teachers, your sports coach, your rheumatology team or your work colleagues?

FREE Purple
Gunge
Giveaway!*

All you need to do is:

1. Order your **FREE Gunge and Wear Purple pack**
2. Persuade **2 or more people** to sit in the Gunge-Seat
3. Collect **donations** for each of the people
4. Person with the most donations gets gunged on 23rd May (or a date that suits you before 30th Sept 2025)

*We have **50 FREE packs** of purple gunge to give away and in return we ask for a **minimum pledge of £100**. All donations will go towards improving the lives of children living with arthritis.

You could also raise funds by:

Wearing
purple

Hosting a
purple bake
sale

Having a
purple
party



Scan the QR code for more information and to order your **FREE Gunge & Wear Purple pack** today!

jia.org.uk/wearpurple



Did you know over 10,000 Young People Under 16 in the UK have Arthritis?

The correct medical term for the condition is Juvenile Idiopathic Arthritis (JIA)

JIA is a type of inflammatory arthritis that affects the joints and organs and can significantly impact a young person's mobility, sometimes leaving them reliant on a wheelchair.

There is no cure. But we can help!

Founded in 2001, the National Rheumatoid Arthritis Society (NRAS) is a trusted source of information for children, young people and adults living with JIA. We are here to support, educate and campaign for those with JIA and their families, friends and the health professionals who treat them.

£100

could provide 60 information booklets to help children & schools learn about the disease & give practical advice.

£150

could provide 15 30-minute helpline calls to give support at a time of crisis.

£200

could provide 7 one-hour facilitated meetings for families with a recent diagnosis.

Take on the Purple Gunge Challenge & Wear Purple with us on 23rd May.

Tag us in your photos and videos and use the hashtags

#PurpleGungeChallenge
#WearPurpleforJIA

 @jia_at_nras

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